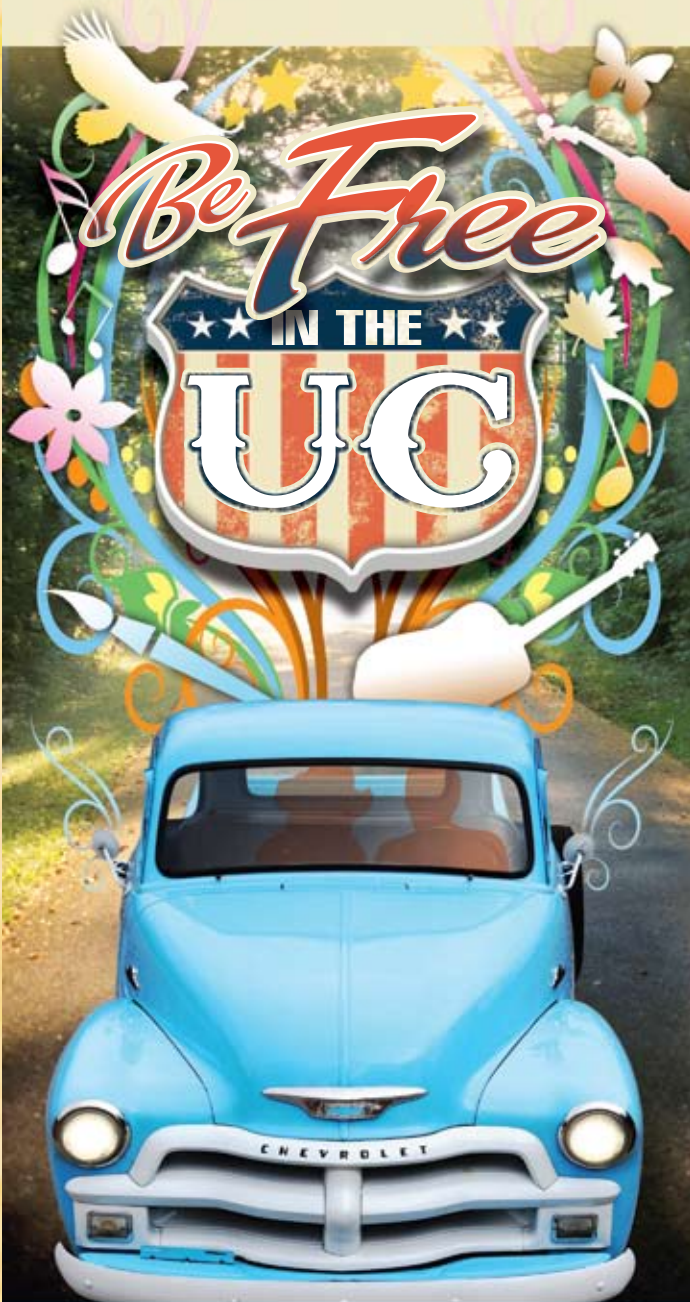


## TENNESSEE'S UPPER CUMBERLAND



[www.BFreeUC.com](http://www.BFreeUC.com)  
1-800-868-7237

The **Upper Cumberland** is the “somewhere” you’ve been looking for. It is a place to relax, reflect, and to become acquainted with the real Tennessee and what makes it so special.

Enjoy breathtaking waterfalls, sparkling lakes, lush hills and historic town squares. Follow our winding roads to antique shops, arts and crafts stores, quilt trails - shows, and gourmet eateries. Trace your family’s history in a heritage museum or library. Stay in one of our many cozy Bed & Breakfast Inns, cabins in the mountains and on lakes, or enjoy the comforts of a first class hotel.

Explore our gorgeous state parks which celebrate the bountiful and beautiful land and history of the region. Edgar Evins State Park, Burgess Falls State Natural Area, Fall Creek Falls State Park, and Rock Island State Park are all adjacent to the Center Hill Lake area. Each offers loads of opportunities for outdoor recreation. There are spectacular waterfalls, challenging hikes (and easy ones), fishing, boating, butterfly gardens, and a vast array of flora and fauna to amaze all ages. Center Hill Lake is a fantastic jewel, but there are also other marvelous lakes nearby such as Cordell Hull Lake and further up the road - Dale Hollow Lake. Each lake offers numerous activities including house boating, swimming, water skiing, canoeing, fishing, camping, hiking, and more. There’s never a need to be bored.

There’s no where else like it in the world. Where else can you listen to bluegrass music in an underground cavern, in a general store in an old riverboat town, or stop in the many cafes where musicians gather in the evening to enjoy a fabulous meal and excellent entertainment? You can even find Broadway plays at the Cumberland County Playhouse and enjoy performances of a symphony orchestra.

There is also the opportunity to visit a New-Deal homestead community and a portion of the legendary Trail of Tears. Come and see the homes of World War I Medal of Honor recipient Sgt. Alvin C. York or of Cordell Hull, a Nobel Peace Prize winning diplomat and Father of the United Nations. Visit the site of the first shot fired in Tennessee during the Civil War and stop in at any of the many “general stores” and take a step back in time.

In the Upper Cumberland of Tennessee ... there is something for everyone. Come for a day trip, weekend, a vacation or the rest of your life. You’ll enjoy the land where natural beauty, Tennessee heritage, and genuine Southern hospitality await.

The Upper Cumberland Tourism Association is a regional contact for travelers who wish to visit Tennessee’s beautiful Upper Cumberland region. Request a BFreeUC brochure with complete listing of lodging facilities, restaurants, shopping, state parks and lakes in the area. Visit [www.BFreeUC.com](http://www.BFreeUC.com) or phone 800.868.7237.